



CHINA HERB COMPANY

HERBS THAT REQUIRE SPECIAL PREPARATION

DECOCTED FIRST:

- BIE JIA - TORTOISE SHELL
- FU ZI- ACONITE ACCESSORY ROOT
- CAO WU -WILD ACONITE
- CHUAN WU - ACONITE- MAIN ROOT
- CI SHI - MAGNETITE
- FU ZI - ACONITE
- GUI BAN - TURTLE SHELL
- LONG GU - DRAGON BONE
- MU LI - OYSTER SHELL
- SHI GAO - GYPSUM
- SHI JUE MING - ABALONE SHELL
- SHUI NIU JIAO - WATER BUFFALO HORN
- ZHEN ZHU - PEARL

ADD IN THE LAST 10 MINUTES:

- BAI DOU KOU - AMOMI
- BO HE - MINT
- DA HUANG - RHUBARB ROOT [IF DESIRED]
- MU XIANG - SAUSSUREA
- QING HAO - ARTEMESIA ANNUA
- SHA REN - AMOMI

DECOCT SEPARATELY:

- LU RONG - DEER ANTLER
- REN SHEN - GINSENG
- XI YANG SHEN - AMERICAN GINSENG

DISSOLVE INTO THE STRAINED WRAP IN GAUZE BEFORE DECOCTING:

- BI YU SAN - JASPER POWDER
- CHE QIAN ZI - PLANTAIN SEEDS
- CHI SHI ZHI - HALLOYSITE
- LIU YI SAN - SIX TO ONE POWDER
- XUAN FU HUA - INULA
- POWDERED HERBS AND MINERALS IN GENERAL

DECOCTION:

- E JIAO - ASS- HIDE GLUE
- GUI BAN JIAO- TURTLE SHELL GLUE
- LU JIAO JIAO- DEER ANTLER GLUE
- YI TANG - MALTOSE

TAKEN WITH THE STRAINED DECOCTION:

- CHUAN BEI MU - FRITTLARIA
- SAN QI - TIAN QI PSEUDOGINSENG/NOTOGINSENG
- NIU HUANG - COW GALLSTONES
- ZHU SHA - CINNABAR
- ZHU LI - BAMBOO SAP

CRUSH/CRACK FIRST

- SUAN ZAO REN- ZIZYPHUS
- SHA REN- AMOMI
- E JIAO - ASS- HIDE GLUE
- GUI BAN JIAO- TURTLE SHELL GLUE
- LU JIAO JIAO- DEER ANTLER GLUE