



CHINA HERB COMPANY

Herbs that require special preparation

DECOCTED FIRST:

- BIE JIA - Tortoise Shell
- FU ZI- Aconite accessory root
- CAO WU –Wild Aconite
- CHUAN WU – Aconite- main root
- CI SHI - Magnetite
- FU ZI - Aconite
- GUI BAN - Turtle Shell
- LONG GU - Dragon Bone
- MU LI - Oyster shell
- SHI GAO - Gypsum
- SHI JUE MING - Abalone Shell
- SHUI NIU JIAO - Water Buffalo Horn
- ZHEN ZHU - Pearl

ADD IN THE LAST 10 MINUTES:

- BAI DOU KOU - Amomi
- BO HE - Mint
- DA HUANG - Rhubarb root [if desired]
- MU XIANG - Saussurea
- QING HAO - Artemesia Annua
- SHA REN - Amomi

DECOCT SEPARATELY:

- LU RONG - Deer Antler
- REN SHEN - Ginseng
- XI YANG SHEN - American Ginseng

DISSOLVE INTO THE STRAINED WRAP IN GAUZE BEFORE DECOCTING:

- BI YU SAN - Jasper Powder
- CHE QIAN ZI - Plantain Seeds
- CHI SHI ZHI - Halloysite
- LIU YI SAN - Six to one powder
- XUAN FU HUA – Inula
- Powdered herbs and minerals in general

DECOCTION:

- E JIAO - Ass- Hide Glue
- GUI BAN JIAO- Turtle Shell Glue
- LU JIAO JIAO- deer antler glue
- YI TANG - Maltose

TAKEN WITH THE STRAINED DECOCTION:

- CHUAN BEI MU - Frittilaria
- SAN QI - TIAN QI Pseudoginseng/Notoginseng
- NIU HUANG - Cow Gall
- ZHU SHA - Cinnabar
- ZHU LI - Bamboo sap

CRUSH/CRACK FIRST

- SUAN ZAO REN- Zizyphus
- SHA REN- Amomi
- E JIAO - Ass- Hide Glue
- GUI BAN JIAO- Turtle Shell Glue
- LU JIAO JIAO- deer antler glue